John 3:16 For God so loved the world, that He gave his only Son, that whoever believes in Him should not perish but have eternal life.

HOW DOES BELIEVING IN JESUS CHANGE THE WAY YOU LOOK AT NEW BEGINNINGS?

Ask God to help you trust Jesus this year more than ever before

JANUARY 8

Romans 8:1 There is therefore now no condemnation for those who are in Christ Jesus.

HOW DOES THIS VERSE HELP PREPARE YOUR HEART FOR NEW BEGINNINGS?

Thank God that this year you do not have to live under the condemnation of past failures.

JANUARY 9

Ezekiel 11:19 And I will give them one heart, and a new spirit I will put within them. I will remove the heart of stone from their flesh and give them a heart of flesh.

WHY ARE YOUR HEART AND SPIRIT SO IMPORTANT FOR NEW BEGINNINGS?

Ask God to keep your heart close to His heart this year.

JANUARY 10

Lamentations 3:22-23 The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness

HOW DOES THIS PROMISE HELP YOU FACE EVERY DAY WITH HOPE AND PEACE?

Thank God for His steady faithfulness and His mercies that are new every day!

JANUARY 11

Ezekiel 36:26 And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh.

WHY DID GOD REPEAT THIS **PROMISE (SEE JANUARY 9TH)?**

Thank God that He loves you and wants you so much.

Deuteronomy 28:2-3 And all these blessings shall come upon you and overtake you, if you obey the voice of the LORD your God. Blessed shall you be in the city, and blessed shall you be in the field.

WHAT DOES IT SAY ABOUT GOD THAT HIS BLESSINGS PURSUE THOSE WHO OBEY HIM?

Thank God that His blessings pursue those who obey Him.

JANUARY 13

Romans 6:3-4 Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

WHAT IS NEWNESS OF LIFE?

Ask the Father to help you walk in newness of life this year.

JANUARY 14

Ephesians 4:22-24 Put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created after the likeness of God in true righteousness and holiness.

WHAT IS OLD SELF AND NEW SELF AND WHY DO THEY MATTER?

Ask God to help you keep the new self on all the time.

JANUARY 15

Philippians 3:13-14 I do not consider that I have made it. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.

WHAT ARE SOME THINGS YOU NEED TO DO TO "PRESS ON?"

Ask God to help you press on with Him this year.

JANUARY 16

Colossians 3:9-10 Do not lie to one another, seeing that you have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its Creator.

WHY IS LYING ESPECIALLY **CONNECTED TO THE OLD SELF?**

Ask God to help you put off the old self, especially lying.

JANUARY 17

1 Peter 1:3 Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, He has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead

WHAT ARE THREE THINGS YOU **ARE HOPING FOR THIS YEAR?**

Thank God for His hope, and pray about the three things you are hoping for this year.

JANUARY 18

1 John 4:18 There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love.

WHAT ARE SOME FEARS THAT **KEEP YOU FROM LOVING WELL?**

Ask God to make your love whole and take away your fears.

JANUARY 19

Ecclesiastes 3:11 He has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end.

HOW HAS YOUR PERSPECTIVE ON LIFE AND ETERNITY CHANGED SINCE YOU WERE HALF YOUR AGE?

Ask God to help you love Him, obey what you know, and trust Him for what you do not know.

JANUARY 20

Isaiah 40:31 Those who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

DO YOU FIND STREGTH OR STRESS IN WAITING? WHY?

Thank God that waiting for Him brings strength and not stress.

JANUARY 21

Matthew 7:7 Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.

WHAT ARE SOME THINGS FOR WHICH YOU ARE ASKING. **SEEKING, AND KNOCKING?**

Thank God for the privilege of asking, seeking, and knocking for the things that you need.

JANUARY 22

Psalm 121:1-2 I lift up my eyes to the hills. From where does my help come? My help comes from the LORD, who made heaven and earth.

WHAT ARE SOME THINGS YOU NEED HELP FROM GOD TO DO THIS YEAR?

Tell God about those things and specifically ask for His help.

JANUARY 23

2 Corinthians 4:16-17 So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. For this light, momentary affliction is preparing for us an eternal weight of glory beyond all comparison.

WHY DO OUR AFFLICTIONS OFTEN NOT SEEM **LIGHT OR MOMENTARY?**

Ask God for His perspective about the hurries, worries, and stress you are feeling.

JANUARY 24

John 13:34-35 A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are My disciples, if you have love for one another.

WHY IS IT SO HARD TO LOVE THE PEOPLE CLOSEST TO US?

Ask God to help you love your family and your church family.





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JANUARY 25

Psalm 40:3 He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the LORD.

DO YOU HAVE A FAVORITE SONG YOU SING TO PRAISE GOD?

Thank God for how praising Him helps others know Him.

JANUARY 26

Galatians 6:14 But far be it from me to boast except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world.

DOES IT EVER SEEM LIKE THE WORLD IS NOT DEAD TO YOU?

Ask God to help you live for Jesus and stay dead to the world.

JANUARY 27

2 Peter 3:13 But according to his promise we are waiting for new heavens and a new earth in which righteousness dwells.

WHAT ASPECT OF SIN IS REALLY WEARING YOU OUT TODAY?

Thank God for the future delivery from even the presence of sin.

JANUARY 29

Ezekiel 18:31-32 Cast away from you all the transgressions that you have committed, and make yourselves a new heart and a new spirit! Why will you die, O house of Israel? For I have no pleasure in the death of anyone, declares the Lord GOD; so turn, and live.

WHAT IS GOD'S INVITATION TO US EVERY DAY?

Ask God to help you to love Him and to do what He does.

JANUARY 28

Psalm 98:1 Oh sing to the LORD a new song, for He has done marvelous things! His right hand and His holy arm have worked salvation for Him.

WHAT WORK OF GOD DO YOU MARVEL AT MOST?

Ask God to help you sing to Him more.

JANUARY 30

Hebrews 4:16 Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

WHERE IS GOD'S GRACE MOST NEEDED IN YOUR LIFE AND FAMILY RIGHT NOW?

Pray for the grace of God to do its work in your life.

IANUARY 31

2 John 5-6 And now I ask you, dear lady—not as though I were writing you a new commandment, but the one we have had from the beginning—that we love one another.

And this is love, that we walk according to his commandments; this is the commandment, just as you have heard from the beginning, so that you should walk in it.

HOW IS LOVE THE CENTERPIECE OF WHAT GOD WANTS FROM YOU AND WANTS YOU TO SHOW TO OTHERS?

Ask God to help you love like He loves.

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JANUARY 1

2 Corinthians 5:17 Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.

WHAT CHANGES ARE YOU HOPING FOR IN THIS NEW YEAR?

Ask God to change your life this year to make it more in line with His new creation.

Jeremiah 29:11 For I

know the plans I have

for you, declares the

LORD, plans for welfare

and not for evil, to give

you a future and a hope.

WHAT DOES GOD

ALREADY KNOW ABOUT

THIS NEW YEAR?

Thank God for the

future you will have.

1 John 1:9 If we confess

our sins, he is faithful

and just to forgive us our

sins and to cleanse us

from all unrighteousness.

HOW DOES STAYING

RIGHT WITH GOD HELP

US STAY RIGHT WITH

EACH OTHER?

Confess any sins God

brings to your mind and

ask His forgiveness.

New Beginnings!

As we focus on New Beginnings this January, we hope you will make the Word of God part of your family habits every day. A retired IMB missionary, Dr. Ted Lindwall, suggested to me that as busy as families are today, he believed that we should focus on having the family spend one minute together with God each day. May this One Minute with God lead to lifetime changes in your family!

MINUTE W/GOD

JANUARY 2020

JANUARY 3

Isaiah 43:18-19 "Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.

HOW DID GOD MAKE A WAY FOR YOU LAST YEAR IN DIFFICULT DAYS?

Thank God that He will make a way for you this year!

JANUARY 5

Psalm 138:8 The LORD will fulfill his purpose for me; your steadfast love, O LORD, endures forever. Do not forsake the work of your hands.

HOW GREAT IS IT THAT GOD'S PURPOSE FOR YOU THIS YEAR WILL LAST FOREVER?

Ask God to keep your heart in line with His purpose in this new year.

JANUARY 6

Acts 3:19-20 Repent therefore, and turn back, that your sins may be blotted out, that times of refreshing may come from the presence of the Lord.

DOES ANYTHING ABOUT LAST YEAR MAKE YOU FEEL TIRED?

Tell God about your sin and ask Him to refresh your life in this new year.



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